

**AIDOB**B ASSOCIATION INTERNATIONALE POUR LE DEVELOPEMENT  
DE L'OBSERVATION DU BEBE SELON BICK

**XI INTERNATIONAL CONGRESS ON INFANT  
OBSERVATION ACCORDING TO  
ESTHER BICK AND ITS APPLICATIONS**

**CREATIVITY AND TRANSFORMATIONS  
WITH INFANT OBSERVATION AND ITS APPLICATIONS**



**21-22-23-24 February 2024**

LOCATION : CENTRO CULTURAL PADRE FELIX VARELA  
Calle Tacón entre Mercaderes y chacón  
Habana Vieja, Cuba

**LA HAVANE - CUBA**

**AIDOB**B ASSOCIATION INTERNATIONALE POUR LE DEVELOPEMENT  
DE L'OBSERVATION DU BEBE SELON BICK

**XI Congrès International  
XI Congreso Internacional  
XI International Congress**

**Havana - Cuba**

**21-22-23-24 February 2024**



**The AIDOB - International Association of Infant Observation – Esther Bick Method was established in 2012, after the IX International Congress on Infant Observation Baby, which was held in Dakar.**

**This association brings together educators and professionals from Early Childhood and Mental Health disciplines who wish to develop their professional activities and exchange and disseminate their educational and research experiences utilizing the infant observation method and its applications in different cultural, clinical, developmental and educational contexts.**



**aidobbcuba2024@gmail.com**



**www.aidobb.org**



# **XI International Congress - 21-22-23-24 February 2024**

## **Trainer's Colloquium - 19-20 February 2024**

### **CREATIVITY AND TRANSFORMATIONS WITH INFANT OBSERVATION AND ITS APPLICATIONS**

The infant observation method, created by Esther Bick in 1948, represents a fundamental and important moment of training for all early childhood professionals, and for those who are confronted with primitive levels of thought in different clinical and educational contexts. This training also allows professionals who do not work with children to strengthen their ability to understand the most archaic levels of the psychic functioning of their clinical patients.

Infant observation utilizing the Bick methodology confronts us with the mysteries of the origins of psychic life and its first manifestations : the body language of the baby and the impact of the arrival of a baby upon the family organization and within the emotional life of each of its members.

This method also represents a great richness in its clinical applications in various centers for the treatment of the infants (maternities, nurseries...). Indeed, observation is a method that allows the working group to reflect and elaborate the “raw” material of observation and to use it for the development of thought.

We should also underline the scientific contributions of this method in understanding the psychic development of babies and young children and in the prevention of early developmental disorders. This method has shed new light on serious pathologies such as autism spectrum disorders, and has paved the way for psychotherapy of the parent-baby relationship.

The XI International Congress on Baby Observation will be held in Cuba, and we want to give, through this Congress, special attention to babies and young children in all Latin American countries, and in the developing countries where children are the first to be exposed to violent changes in the family and society.

# Cuba 2024



This Congress provides a scientific continuity with the previous International Congresses which were held in Dakar (2012) and Turin (2017) and of the study days (2014-Dakar and 2016-Rouen), of the Colloquium in London-Tavistock (2014), and of the Franco-Senegalese Meetings (2014-Paris and 2015 Amiens). We believe that making known the method of observation of the baby according to Esther Bick will contribute to the development of public health and to a greater respect for the rights of children, women and families in all countries of the world.

Baby observation training also helps early childhood professionals working in a multicultural setting to have greater openness and understanding of different ways of relating to and caring for babies. This represents an essential basis for better contact and better communication with different cultural groups in our societies, as well as meeting the baby and their family with an attitude of respect for divergent cultural values.

In recent years, we have all been marked by various global crises (health, economic, climate and security) which have deeply affected the foundations of our internal world, as well as our way of living and working. The pandemic has had an impact on our intimacies, our relationship to the body and our interpersonal relationships. The effects of the climate crisis are sometimes felt in unexpected and threatening ways. War and terrorism bring drama, misunderstanding and terror. Society has become unstable, and increasingly precarious living conditions are emerging while paradoxically the links within the world population are becoming more complex and denser. If any crisis is made up of instability, uncertainty and anguish, any crisis can also contain within it the germ of possibilities for transformation and creation.

**CREATIVITY AND TRANSFORMATION** will be at the center of our Congress: babies show us, despite their extreme dependence, all of the life force that they can mobilize to face adversity. They teach us that development is a continuous movement made up of surprises, upheavals and transformations in the sense of Bion, thanks to which the emotional elements can be "digested" and used for growth and thought.



# A few moments from AIDOB B events ...

**AIDOB B Dakar 2012 . 9ème Congrès International**

**DAKAR 29 OCTOBRE - 3 NOVEMBRE 2012**  
Pullman Teranga Dakar - Rue Colbert - B.P. 3380  
Dakar (Sénégal)

**9ème Congrès International sur l'Observation du Bébé**

Organisé par l'**A.D.D.O.B.B.** (Association Dakar pour le Développement et l'Observation du Bébé selon Bick)

Ministère des Affaires étrangères et des Sénégalais de l'étranger  
Ministère de la Santé et de l'Action sociale  
Copes  
WBI  
Agence Universitaire de la Francophonie  
PSYCORPS  
SANTÉ SUD  
ARIP

**Le Sénégal, terre de la "Téranga"**  
(accueil chaleureux) vous attend !

**LE BEBE DANS TOUS SES ETATS**  
Observation du bébé dans différents contextes culturels (famille, environnement, institution...)

[www.congres-bebe-dakar.org](http://www.congres-bebe-dakar.org)



**AIDOB B**

Association Internationale pour le Développement de l'Observation du Bébé selon Bick

**3ème COLLOQUE INTERNATIONAL DES FORMATEURS A L'INFANT OBSERVATION**

**3rd INTERNATIONAL "ESTHER BICK" COLLOQUIUM FOR INFANT OBSERVATION TEACHERS**

**LONDRES - 25, 26, 27 AOUT 2014**



**The Tavistock and Portman NHS Foundation Trust**  
Tavistock Centre  
120 Belsize Lane  
London NW3 5BA

*This colloquium takes place just before the 7<sup>th</sup> triennial Tavistock International Conference for Infant Observation teachers and practitioners*

**2012 . Dakar . IXème Congrès International AIDOB B**  
**2014 . Londres . Colloque International des Formateurs**

**2014 . Dakar . Journée d'étude**

**2014 . Paris . 1ères Rencontres Franco-Sénégalaises**

**Le 30 octobre 2014 à Dakar**  
Hôtel Jardin Savana  
Petite Corniche Est, 10000 Dakar

**Journée d'étude sur l'observation du bébé dans sa famille et le contexte culturel sénégalais**  
Réflexions et applications cliniques

Organisée par

**AIDOB B**

Association Internationale pour le Développement de l'Observation du Bébé selon Bick



**ADDOB B**

Association Dakar pour le Développement de l'Observation du Bébé selon E. Bick



Ministère de la Santé et de l'Action sociale



Wallonie - Bruxelles International.be  
Délégation Dakar



Wallonie Bruxelles International  
et  
le Service de Psychiatrie de Fann (Dakar)

**AIDOB B** Copes  
Formation pour les professionnels de l'enfance, de l'adolescence et de la famille  
Association Internationale pour le Développement de l'Observation du Bébé selon Bick

**1ères RENCONTRES FRANCO-SENEGALAISES**  
**OBSERVATION DU TOUT PETIT**  
**DANS DIFFERENTS CONTEXTES CULTURELS**



**VENDREDI 12 DECEMBRE 2014**  
**A LA MAISON DE L'UNESCO**  
**125 avenue de Suffren, Paris 7<sup>e</sup>**

*Pièce d'identité obligatoire pour l'accès*

Sous le patronage de la



**Délégation permanente du Sénégal auprès de l'UNESCO**

&



Organisation des Nations Unies pour l'éducation, la science et la culture



Commission nationale française pour l'UNESCO



Wallonie - Bruxelles International.be  
Délégation Dakar





# A few moments from AIDOB B events ...

2015 . Amiens . 2èmes Rencontres Franco-Sénégalaises  
2016 . Rouen . Prévention des violences intrafamiliales  
chez les 0 à 4 ans

Deuxième rencontre franco-sénégalaise

**Amiens 2015**

Les DU d'Observation du Nourrisson selon E. Bick des universités de  
Caen et d'Amiens, l'ICSMP et le Forum des Parents

organisent

Deuxième rencontre franco-sénégalaise en partenariat avec

**AIDOB B**  
Association Internationale pour le Développement  
de l'Observation du Bébé selon Bick

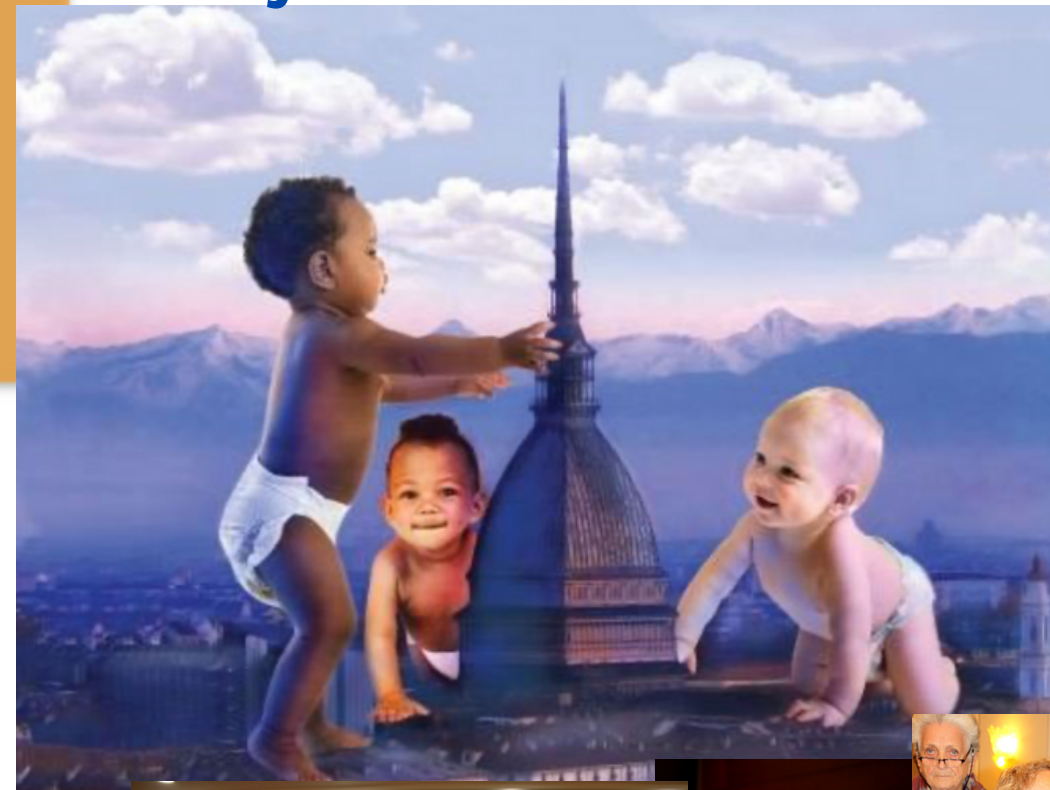
Prévention des violences intrafamiliales chez les 0 à 4 ans  
Avec l'Association Mon Ti Loup



**AIDOB B a également collaboré à la création du DU (2018) :**  
**"Observation du bébé et ses applications cliniques" à l'Université**  
**Cheick Anta Diop de Dakar, avec le soutien du CEA-SAMEF (Centre**  
**d'Excellence Africain pour la Santé de la Mère et de l'Enfant)**

**AIDOB B Turin 2017**  
**10ème Congrès International**

**2017 . Turin . Xème Congrès International AIDOB B**





# They have supported AIDOB at previous events and we thank them ...



**A.I.P.P.I.**  
ASSOCIAZIONE ITALIANA  
DI PSICOTERAPIA PSICOANALITICA  
DELLE INFANZIA DELL'ADOLESCENZA  
E DELLA FAMIGLIA



**Centro  
Studi  
Martha  
Harris**  
Firenze



**Associazione Fiorentina  
di Psicoterapia psicoanalitica**



**WORLD ASSOCIATION FOR  
INFANT MENTAL HEALTH**



**ASOCIACIÓN  
PSICOANALÍTICA  
DE BUENOS AIRES**



**SANTÉ SUD**



**ARIP**



**AMHPPIA**



**Ligue Bruxelloise Francophone  
pour la Santé Mentale**

**Gerpen**

*Groupe d'études et de recherches  
psychanalytiques pour le développement  
de l'enfant et du nourrisson*  
Partenaire scientifique



**CIPPA** Autisme et psychanalyse  
aujourd'hui:  
le site de la CIPPA



**A.S.L. TO4**

*Azienda Sanitaria Locale  
di Ciriè, Chivasso e Ivrea*

# They have supported AIDOB at previous events and we thank them ...



UNIVERSITÀ  
DEGLI STUDI  
DI TORINO



Ministère des Affaires étrangères et des  
Sénégalais de l'étranger



Affobeb  
Association Francophone des Formateurs  
de l'Observation de Bébé selon Esther Bick



Ministère de la Santé et de l'Action sociale



Association Dakar pour le Développement  
de l'Observation du Bébé (ADDOBB)



Formation pour les Professionnels de  
l'Enfance, de l'Adolescence et de la  
Famille [www.copes.fr](http://www.copes.fr)  
N° formateur 11750218475





# AIDOB's Partners for CUBA 2024

**SOCIEDAD CUBANA  
DE PSYCHIATRIA**



Embajada del Reino de Bélgica  
en Cuba

**Association  
Franco-Cubaine**

**ALOBB**

Asociación  
Latinoamericana de  
**Observadores de  
Bebés** Método BICK



**ADDOBB - Dakar**



**Association WAIMH France**  
Affiliée à la WAIMH Internationale

[www.waimh.fr](http://www.waimh.fr)

Association affiliée à la World Association Infant Mental Health

<https://waimh.org>



**CONECTA PERINATAL**

*Copes*

Formation pour les professionnels  
de l'enfance, de l'adolescence et de la famille

# AIDOB's Partners for CUBA 2024

**AFPPEA**

Association pour la Formation à la Psychothérapie  
Psychanalytique de l'Enfant et de l'Adolescent



INSTITUT CONTEMPORAIN DE L'ENFANCE

**depeea**

association européenne de  
psychopathologie de  
l'enfant et de l'adolescent

**CIPPA**

Coordination Internationale entre Psychothérapeutes,  
Psychanalystes et membres associés  
s'occupant de personnes Autistes



INTERNATIONAL  
PSYCHOANALYTICAL  
ASSOCIATION

ASSOCIATION  
**PiklerLóczy**  
*Pour une réflexion sur l'enfant.* FRANCE

**COCAP**



ASOCIACIÓN PARA LA SALUD MENTAL INFANTIL  
DESDE LA GESTACIÓN





# AIDOB's Partners for CUBA 2024

**Awaiting reply**





Save  
the  
Date

**21-22-23-24 February 2024**  
**See you in Cuba**  
**XI International Congress**

